



UWANFC Junior Football Academy Program

Vision	The UWANFC Junior Football Academy is the place where our junior footballers advance their football competencies. It is a format to grow and master the foundations of sound technique with the use of our in-house curriculum to develop individuals. The program provides a continuous pathway for young talented players in an enjoyable environment supported by a credentialed coaching team.
The Academy Philosophy	At UWANFC, our coaches develop the players body and mind. We always challenge players in their cognitive thinking and technical capability in a positive training environment. Our goal is to develop smart, creative, resilient, high performing players who can take their football to wherever they want it to go. The final element of our Academy philosophy is to ensure our young players get the best out of themselves enabled by a supportive environment that allows for mistakes, learning and growth. Our core values are: <ul style="list-style-type: none">• Strength of character• Self-discipline• Persistence• Team work
Academy Principles	The Clubs Strategic Plan includes key pillars to devote to a development pathway for members with a focus on the following principles: <ul style="list-style-type: none">• Player centred approach to learning, designed to develop and grow a young player for a long future in Football.• Investing in the long-term well-being of the player.• Advance the football competencies of Academy players.• Set a standard of excellence for talented young players to be the best they can be• Player’s receive training services from skilled and caring coaches and support staff.• Create aspirational pathways for young footballers.• Player’s families and the community is welcome and encouraged to participate in the Club as a build a community for members to belong to.• It is the player’s love of the game, their commitment and dedication to personal skill development that will make them shine. Our program will foster this ability in a positive environment.• Participation in the Academy is not compulsory and does not limit a player’s involvement in UWANFC.
Academy Platform	UWANFC recognise the importance of long-term development of junior members and puts a strong emphasis on coach education. This focus includes the technical, tactical, mental and physical attributes of a player. The development of young players is surrounded by creating a positive culture that promotes learning, enjoyment, risk taking and team work. UWANFC does this on a platform inclusive of: <ul style="list-style-type: none">• Training is undertaken that provides players match-like scenarios to develop their skills to use in a game.



	<ul style="list-style-type: none"> • Awareness of the growth and development of young bodies – late developers are afforded as much attention as early developers to allow all talented players room to grow and develop. • Our environment is based on a long-term development of the player over immediate outcomes. • Structured training plans with defined accomplishment goals are a core element of our coaching program. • Open player feedback • Working in one physical environment.
Academy Profile	<p>One team per age group - Girls age groups – U10, U12, U13/14, U16; One team per age group - Boys age groups – U9, U10, U11, U12, U13, U14, U15</p> <ul style="list-style-type: none"> • While not exclusive, targeted to the western suburbs inclusive of Floreat, Wembley, Jolimont, Subiaco, Shenton Park, Nedlands, Claremont, Mt Claremont, Swanbourne, City Beach • Targeted relationships with schools and UWA • Defined recruitment program both for players and coaches • Defined player and parent engagement policy and procedures
Infrastructure	<p>The setting for the Academy program is MacGillivray Oval, UWA Sports Park, Mt Claremont – arguably the best football pitch in Perth.</p> <p>The quality of the MacGillivray Oval presents the infrastructure to allow maximum development of technical skills, the location of the venue with ample parking and no intrusion on residents which maximises effective training sessions. Fantastic equipment such as; range of different sized goals, balls, SAQ equipment, poles, mannequins support the learning environment for Academy players.</p> <p>The use of technology (and especially VEO cameras) is a critical teaching aid to provide excellent learning about player behaviour and skill components, positioning and gap analysis for technical and tactical improvement. This learning tool is available to Academy teams with analysis provided by the coaching team.</p> <p>Club merchandise provide a professional and polished look. While not compulsory, an academy uniform, club bag, hoodie and beanie are all available should player’s want to purchase this. Previous Academy groups have enjoyed having a uniformed look to all training sessions and building team comradery. Due to the positive feedback, this is highly recommended.</p>
Learning curriculum	<p>A curriculum set by UWA Technical Directors, in line with the FFA National Curriculum, provides Academy coaches the framework to develop the talented youth players at our club. This gives all Academy players a chance to become the best player they can be. With specific learning objectives for each age group and team, we can make sure that the player/group is on track.</p> <p>Lawrence Lewis – Junior Technical Director 16 years coaching experience FFA B License FFA C License Bachelor in Science, Hon Football Studies National Diploma In Sport F.A. Youth Module Lv1</p>



	F.A. Youth Module Lv2 UWA Sports Leadership Course
Coaching	Coaches are allocated to the academy with a team approach to watch, analyse and conduct training during and after. Junior sport development requires special attention to allow young bodies and brains to mature and develop at different speeds, irrespective of age. <ul style="list-style-type: none"> • Focus on individual growth and development of the player on and off the pitch, taking a whole of person approach • Session length is determined by the player age (differing expectations of 9-12years and 13-16 years players). • Player to coach ratio – Maximum 15:1 • All coaches have a Working with Children Check. • Special guest visits
Training Sessions	Two training sessions per week with the expectations that players will undertake further development 1-2 per week with an individual focus on ball mastery, fitness and agility.
Season	U10-U13 – 24 weeks, commencing Feb/March 2023 U14-U16 – 30 weeks, commencing Feb/March 2023
Informed by evidence	<ul style="list-style-type: none"> • Comprehensive database • Performance markers for each age group complete with comprehensive testing at critical stages through an 8-month program.
Football Competition	<ul style="list-style-type: none"> • Participation in the Football West Mini-Roos competition league • Participation in the Football West Junior Division 1 competition league (pending eligibility rules)
Opt-in Programs	To challenge the growth and development of Academy players the following programs are also available including: <ul style="list-style-type: none"> • Pre-season training program – a concentrated 6-week program designed to develop fitness, speed and ball mastery, two-sessions per week. • Academy Development sessions delivered in-season to enhance the skill acquisition of the in-season training program. Term based and bundle sessions will be available to purchase. • School holiday camps • 1 x football immersion camp (Academy Development Camp) in the July school holidays to grow and advance technical and tactical skills and mental growth and development (3-days)
Measures of success	<ul style="list-style-type: none"> • Increase player capability – year on year • Academy players love the program • Build individual confidence and leadership to perform better for the team (grow team spirit) • Long term goal - 90% of our State League Men’s (1st Team, Reserve Team & U18’s team) and State League Women’s (State Team & U23 Development Team) teams come through the Academy program. • Players achieve NPL, NTC and/or state selections. • The Club increases its coach and support staff dedicated to the development of Academy players • >80% coach satisfaction • >80% member satisfaction • Success markers – player growth by 10% against athletic markers • Success markers – teams, top 3 in junior league, 80% win/lose in Mini-Roos



Player Feedback	<ul style="list-style-type: none">• Pre-season meeting• Post-season review• Annual survey
Academy Liaison / Administration	Club contact: Sam Watkins, Administration Manager Email: info@uwanfc.com.au
Supporting Documents	<ul style="list-style-type: none">• UWANFC Strategic Plan• UWANFC Constitution• Code of Conduct• Pick-up and Drop Off Policy• Photography and video policy• Member Protection Policy• Complaints Policy• Payment and Refund Policy



Evidencing our Words

Player centred approach to learning, designed to develop and grow a young player for a long future in Football.	<ul style="list-style-type: none"> • Coaching program • Coaching education program • Detailed curriculum
Investing in the long-term well-being of the player.	<ul style="list-style-type: none"> • Coaching program • Coaching education program • Detailed curriculum • Personalised individual athletic competencies tracker
Advance the football competencies of Academy players.	<ul style="list-style-type: none"> • Coaching program • Coaching education program • Detailed curriculum • Personalised individual athletic competencies tracker
Set a standard of excellence for talented young players to be the best they can be	<ul style="list-style-type: none"> • Detailed curriculum • Coach education • GK specific training
Player's receive training services from skilled and caring coaches and support staff.	<ul style="list-style-type: none"> • Academy program to include utilisation of specialist speakers (nutrition, etc)
Create aspirational pathways for young footballers.	<ul style="list-style-type: none"> • Coaching program • Coaching education program • Detailed curriculum • Promotion of programs for selection within the WA Football industry (ie FW and WA School Sport state selections, NPL trials with Perth Soccer Club, NTC trials)
Player's families and the community is welcome and encouraged to participate in the Club as a build a community for members to belong to.	<ul style="list-style-type: none"> • Social committee • Member engagement strategy • Academy communications plan
It is the player's love of the game, their commitment and dedication to personal skill development that will make them shine. Our program will foster this ability in a positive environment.	<ul style="list-style-type: none"> • Coaching program • Coaching education program • Detailed curriculum
Participation in the Academy is not compulsory and does not limit a player's involvement in UWANFC.	<ul style="list-style-type: none"> • Policy position to opt in, or out.